



PRODUCTS SUITABLE FOR FOODBANK DONATIONS (OR SIMILAR)

CEREALS

MILK – Semi-skimmed, long life

SUGAR

FRUIT JUICE or SQUASH

TEA BAGS

INSTANT COFFEE

JAM, MARMALADE, HONEY etc

PEANUT BUTTER, MARMITE, SAVOURY PASTE etc

SOUP – Cans / Instant / Cup

Tinned 'MEAT TO HEAT'

Tinned COLD MEAT – Corned beef, spam, ham etc

TINNED PIES

FISH – Tinned Tuna, Pilchards, Sardines etc

POTATOES – Tinned or Instant Mashed

PASTA / PASTA SAUCE

RICE

NOODLES

LENTILS/CHICK PEAS/KIDNEY BEANS – Tinned or Dry

BAKED BEANS

TINNED VEGETABLES / TOMATOES

TINNED SPAGHETTI PRODUCTS

TINNED VEGETARIAN MEALS

RICE PUDDING

TINNED FRUIT

SPONGE PUDDING etc

CUSTARD

BISCUITS – Sweet or savoury

BABY FOOD

Other suitable items include:

NAPPIES

TOILET TISSUE

SOAP – Liquid or bar

TOOTHPASTE

SHAMPOO

WASHING POWDER – Capsules or liquid

WASHING-UP LIQUID