

## Lyme Regis Foodbank

is open once a week for anyone facing a short-term 'food crisis'

## Wednesdays, 10 - 12, at the Hub in Lyme Regis

(by kind permission of the Lyme Regis Development Trust)

## If you need emergency help, Foodbank vouchers are issued by any of the following organisations:

Lyme Regis Medical Centre
Lyme Bay Medical Practice
Charmouth Medical Practice
Virgin Care Community Services
Moonfleet Midwives
Dorset Reach
Citizens Advice Bureau

(open on Wednesdays 10 - 3pm in St Michael's Business Centre and on Mondays 10 - 12 at Lyme Regis Medical Centre)

Dorset Adult Social Services

Lyme Regis Baptist Church

St Michael's Parish Church

St Michael & St George Roman Catholic Church

Charmouth Parish Church

Uplyme Parish Church

St Michael's Primary School
Family Workers of the West Family Partnership Zone

For further information please contact Heather Prior, 01297 441224, heather@lymeforward.co.uk



